

WORKSHOP LOCATION QUICK CHECK

31st Annual Conference

Wednesday

- 2 - 5pm * # Salons D, E, F, G **Scott:** Malingerers & Psychopaths
5:15 pm Salons D, E, F, G **Business Meeting**
7pm ! # Salons D, E, F, G **Hayden:** Gangs: Future Violence
9 pm Atrium **Reception**

Thursday

8:30 am - 10:00 am (1.5 hrs)

1. * Salon D **Goldyne:** Pers. Disorders in Forensic Settings
2. * El Camino **Carabello:** Treating & Managing SVPs
3. * Del Mar **Newby:** Reducing Child Abuse and Neglect
4. *#+ Salon G **Roach:** Erotic Pull of the Convicted Offender
5. * Salon E, F **Johnson:** Panel of 4 CA Superior Ct. Judges

10:15 am - 11:45 am (1.5 hrs)

1. * + Salon E, F **Mitrevski:** The Psychology of Parricide
2. * Del Mar **D’Orazio:** Beyond Relapse Prevention
3. * Salon G **Quanbeck:** Root Causes & Antecedents...
4. * # El Camino **Mangiameli:** Individualized Inmate Mgmt
5. * Salon D **Johnson:** Confidentiality & Ethics...

1:45 pm - 3:15 pm (1.5 hrs)

1. * Salon E, F **Woodard:** Capgras Phen. & Dangerousness
2. * El Camino **McCabe:** Recovery Model Framework
3. * Del Mar **Marquez:** HIV, Hepatitis, and Amphetamines
4. *#+ Salon G **Sharps:** Memory Under Traumatic Conditions
5. * Salon D **O’Hanlon:** Empower Teams to Create MHC

3:30 pm - 5:00 pm (1.5 hrs)

1. * Salon D **Sokolov:** Assess Malingering in Jail Setting
2. * Salon E, F **Sewani:** Forensic MH Outpatient Model
3. * Del Mar **Kamena:** Trauma: Symptoms, Diagnosis, TX
4. *#+ El Camino **Price-Sharps:** Psychological Protective Factors
5. * Salon G **Fariello:** MHC and Community Treatment

Friday

9:00 am - 12:00 pm

Wrap Up

- *# Salons D, E, F, G **Meloy:** Stalking: State of the Science

* = MCEP/CEU. MCEP approved #FOR005-0066-0000.

! = CEUonly. Not eligible for MCEP.

= Bd of Corrections approved courses: 13 **Track hrs** Cert # 908-033731

+ =POST. POST application is currently under review.

All Conference workshops (13 variable hrs) approved for CEUs for the following professions: Reg Nurse/LVN, Social Worker/MFT, Psych. Tech.



A Time of Hope, A Time for Vision

PROGRAM

2006

March 15-17, 2006
Wednesday -Friday

The Embassy Suites
Seaside, California

31st Annual Conference Presented by...

THE FORENSIC MENTAL HEALTH ASSOCIATION OF CALIFORNIA

EXECUTIVE BOARD

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Munir Sewani, PhD

Physicians: FMHAC regrettably will not be able to provide CMEs this year. The organization who provided our CMEs last year lost their providership and we were unable to obtain them from another organization at such a late date.

FMHAC is applying to become a provider of CMEs so that this unfortunate event will not occur again in the future.

Board of Corrections: Up to 13 units, see courses marked STC. Board of Corrections approved #0908-033731.

Please complete the following forms and turn them in at the registration table in exchange for your STC certificate.

1. Board of Corrections sign in sheet.
2. Board of Corrections evaluation form.
3. Training manager's name, phone, and mailing address.

Pick up your STC certificate at the registration table.

Police Officer Standards and Training: up to 6 units, see courses marked POST. POST credits are currently pending.

CEU CERTIFICATE PICK UP HOURS

Thursday 5 - 6 pm
Registration Table
Main Lobby

Friday 12:00 - 1:00 pm
Registration Table
Main Lobby



Letter From the President

CONTINUING EDUCATION

Psychologist: up to 12 units, see courses marked MCEP. MCEPAA approved #FOR005-0066-0000.

Please complete the following forms and turn them in at the registration table in exchange for your CEU certificate.

1. MCEP/CEU sign in/out form (duplicate copy form). One sign in/out form will be provided for the entire conference. Make sure to obtain the initials of the designated person at each workshop you attend. Make sure a member of the FMHAC Board signs this form. Maintain your copy.
2. Evaluation Form (white).

Pick up your CEU certificate at the registration table.

BBS provider (No. PCE 4800) & BRN (No. CEP 5965), MFT's, MSW's, RN's/LVN's, Psych. Techs: Up to 13 units (all workshops approved), see courses marked CEU.

Please complete the following forms and turn them in at the registration table in exchange for your CEU certificate.

1. MCEP/CEU sign in/out form (duplicate copy form). One sign in/out form will be provided for the entire conference. Make sure to obtain the initials of the designated person at each workshop you attend. Make sure a member of the FMHAC Board signs this form. Maintain your copy.
2. Evaluation Form (white).

Pick up your CEU certificate at the registration table.

Welcome to the annual Forensic Mental Health Association conference! I would like to thank you all for your continued support of and invaluable contributions to such an important field.

Over the past two years a number of organizational changes occurred to keep the FMHAC a viable and active organization. These changes were necessitated by the statewide reduction in training funds and the availability of local CEU's and in-house training. These factors contributed to the dramatic reduction of the attendance at our conferences. As a result we decided to change our conference venue to save money and with the desire of attracting new attendees. Last year, I am pleased to say, the conference, for the first time in 3 years, did not lose money. In addition, the Board assumed the day-to-day responsibilities for running the organization which saved the Association approximately \$25,000 per year. We also offered a discounted joint membership with the American Association for Correctional and Forensic Psychology to enable our members to receive their excellent journal *Criminal Justice and Behavior*. The results have been successful and we look forward to continued organizational growth.

FMHAC is also going through a changing of Board members. Jo Robinson and I will be saying goodbye to the FMHAC Board this year. I have enjoyed the past two years that I have spent as president and encourage you to consider serving on the FMHAC Board or planning committee. Please contact David Polak, FMHAC Secretary, if you are interested.

I want to thank Jo Robinson, our outgoing Director of Education. Jo has served the FMHAC in a number of roles over many years and her contributions have been enormous. Two quick examples are: Jo developed the theme for this year's conference and the idea for a conference Mental Health Court track. Jo manages the San Francisco Jail Psychiatric Services and we will miss her direct involvement with the FMHAC.

Over the past two years there have been many changes to our association and the field of mental health treatment in California. I encourage all of you to get involved in this organization and support our efforts to educate professionals and the public about forensic mental health issues. The realization of our hopes and our visions can be accomplished with all of us working together.

It has been a pleasure serving as your president. Have a wonderful conference.

Joel Fay, PsyD
President

REMINDERS

- **Join us at the social events.** This is a great time for networking.
- **Please wear your badges** throughout the conference. This will be your entrance pass to all workshops and social events. Lost badges must be replaced at the FMHAC registration desk.
- Please take a moment to complete a conference **evaluation form**, even if you're not seeking CEUs. The Board of Directors and Planning Committee respond to the requests and suggestions offered.
- Remember to pick up your **Continuing Education Certificates**. The pick up times and locations are listed on page 13.
- Check out time at the Embassy Suites is 12:00 p.m.
- **Please recycle the plastic name badge holders** - return them to the FMHAC registration desk at the end of the conference.

FMHAC MISSION STATEMENT

To foster the provision of mental health services to mentally ill persons in the criminal justice system and to advance the profession of forensic mental health.



The Forensic Mental Health Association of California

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In Memory of Pam Craig, RN
1940-2005

First president of Forensic Mental Health Association of California

FRIDAY, MARCH 18

Reminder: Room check out at the Embassy Suites is 12:00 pm

9 am - 12pm
MCEP/CEU
STC

STALKING: THE STATE OF THE SCIENCE
J. Reid Meloy, PhD, Associate Clinical Professor of Psychiatry, UC San Diego; President, Forensis, Inc.
Stalking is a serious criminal and public health problem. Drawing from his own research group, and the work of others', Dr. Meloy will present current data on the clinical, demographic, pursuit, diagnostic, threat, violence, and risk management aspects of stalking. The empirical research will be illustrated with both private and public figure stalking cases, and he will introduce a new typology of stalking called RECON. He will emphasize the concerns and skill building of forensic mental health professionals in this specialized area of knowledge.

J. Reid Meloy, PhD *Presenter Spotlight*

Dr. Reid Meloy is a diplomat in forensic psychology of the American Board of Professional Psychology. He was formerly Chief of the Forensic Mental Health Division for San Diego County and now devotes his time to a private civil and criminal forensic practice, research, writing, and teaching. He is an associate clinical professor of psychiatry at the UC San Diego School of Medicine; and an adjunct professor at the University of San Diego School of Law. He is also President of Forensis, Inc., a nonprofit, public benefit corporation devoted to forensic psychiatric and psychological research (www.forensis.org). Dr. Meloy has authored or co-authored over one hundred sixty papers published in peer-reviewed psychiatric and psychological journals and has written or edited seven books. He is a sought after psychological expert on various criminal cases throughout the United States, and is currently a consultant to the counterintelligence division of the FBI and the United Kingdom's Home Office.

Read more about this presenter in the Presenter Biographies.

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WEDNESDAY, MARCH 15

12:30 - 7 pm
Main Lobby

REGISTRATION

- Health Committee table
- Public Policy table
- Exhibitors

FMHAC
MERCHANDISE
FOR SALE!

2:00 pm - 5 pm

PRE-CONFERENCE

MCEP/CEU

ASSESSMENT OF MALINGERERS AND

STC

PSYCHOPATHS: FAKES OR SNAKES? *

Salons D, E, F, G

Charles Scott, MD, Chief, UC Davis Division of Psychiatry and the Law; Associate Clinical Professor, UC Davis

Dr. Scott will review key issues in assessing malingerers and psychopaths. Areas reviewed will include malingered psychosis, malingered memory as well as treatment interventions for antisocial personality disorder.

*Partially sponsored by Janssen Pharmaceutica

5:10 - 5:45 pm

FMHAC BUSINESS MEETING AND ELECTIONS

Salons D, E, F, G

All Association members are encouraged to attend. Non-members are welcome, but only current members may vote.

Board Vacancies:

- Director of Education
- Director of Conference
- Secretary

4. MCEP/CEU
STC/POST
El Camino

PSYCHOLOGICAL PROTECTIVE FACTORS IN STRESS REDUCTION FOR LAW ENFORCEMENT

Jana Price-Sharps, EdD, Psychologist, Alliant International University

This seminar was designed for professionals in the field of mental health, nursing, psychiatry, and psychology who are working with law enforcement personnel. The focus of this seminar will be on the coping skills that successful law enforcement personnel can use to make positive changes in their lives. Using therapeutic interventions to teach protective factors such as communication skills, time management, and the development of healthy relationships may all prove beneficial to the mental health of police officers. This seminar will focus on specific interventions that have been shown to be effective when working with law enforcement personnel.

5. MCEP/CEU
Salon G

MENTAL HEALTH COURT IN CONCERT WITH COMMUNITY TREATMENT

David Fariello, LCSW, Program Director, Citywide Case Management

San Francisco's Behavioral Health Court present unique opportunities and challenges for the treatment of severely mentally ill offenders. This session will describe how an intensive clinical case management team can use the framework of a mental health court to tie together the complex systems of the criminal justice system, community mental health, substance abuse and social services into an intervention strategy aimed at moving severely mentally ill adults from jail to treatment. Specific individual and group interventions will be outlined as well as treatment dilemmas posed by combining treatment and court mandates

Join us for Happy Hour in the Embassy
Suites atrium!
5:30 –7:30 pm

3:30 - 5:00 pm (1.5 CEU hrs)

1. MCEP/CEU ASSESSMENT OF MALINGERING IN A JAIL SETTING
Salon D **Gregory Sokolov, MD**, Medical Director, Jail Psychiatric Services, Sacramento County
At the Sacramento County Jail, we have used the Structured Interview of Reported Symptoms (SIRS) to determine if inmates requesting a psychiatric appointment are exaggerating or malingering their symptoms. Currently, we have evaluated approximately 150 inmates who were referred for psychological testing to rule-out malingering. The relationship between the results on the SIRS and demographic factors, any past known psychiatric diagnoses, substance abuse, nature of offense, and possible motives for malingering psychosis will be examined.

2. MCEP/CEU MAKING RECOVERY WORK: A LOOK AT FORENSIC MENTAL HEALTH OUTPATIENT MODELS
Salon E & F **Munir Sewani, PhD**, Forensic Coordinator, San Bernardino/Riverside Conditional Release Program
 - Coralyn F. McCabe, MSW, Clinical Therapist, San Bernardino Conditional Release Program

This lecture will focus on the steps taken by various forensic patients in their integration back into the community. The presentation will show that mental health recovery and community integration is a process when supported by mental health professionals that can help patients acquire, sustain, maintain and procure treatment, housing, education, employment training, employment, family integration, spiritual growth and independence. The presentation will emphasize the value of professional mental health practitioner in promoting patient integration in the community using the recovery model.

3. MCEP/CEU TRAUMA: SYMPTOMS, DIAGNOSIS AND TREATMENT
Del Mar **Mark Kamena, PhD**, Vice President/Assistant Clinical Director, First Responder Support Network
The presenter will provide an overview of the psychophysiology of stress, stress symptoms, diagnosis, theoretical framework for treatment, treatment modalities and relapse prevention.

7:00 pm WELCOME AND INTRODUCTIONS

Salons D, E, F, G **Joel Fay, PsyD**, President, FMHAC

- Student Scholarships

AWARDS

- Christine M. West Service Award
- William T. Rossiter Award for Outstanding Achievement in Forensic Mental Health

8:00 pm KEYNOTE ADDRESS

CEU/STC STALKING: THE STATE OF THE SCIENCE
Salons D, E, F, G **Tom Hayden**, former California Senator

9:00 pm RECEPTION

Atrium Wine and Hors d'Oeuvres

Exhibitors

Abbott Laboratories	Eli Lilly & Co.
AstraZeneca	FMHAC Health Committee
Atascadero State Hospital	FMHAC Public Policy Committee
Bristol Myers-Squibb	Janssen Pharmaceutica
Coalinga State Hospital	Sage Publications
CDCR	Salinas Valley Psychiatric Program

Conference Sponsors

Janssen Pharmaceutica

THURSDAY, MARCH 16

8 am - 10 pm
Main Lobby

REGISTRATION

FMHAC
MERCHANDISE
FOR SALE!

BREAK-OUT WORKSHOPS

8:30 - 10:00 am (1.5 CEU hrs.)

1. MCEP/CEU
Salon D

UNDERSTANDING PERSONALITY DISORDERS SEEN IN FORENSIC SETTINGS

Adam Goldyne, MD, Psychiatrist, UC San Francisco

This session will focus on the clinical understanding of personality styles and disorders that are relevant to treating patients in forensic settings. Specifically, characterological sadism, masochism, narcissism, and paranoia will be discussed. The presentation will focus on belief systems, emotional and motivational structures, and other psychodynamics. Implications for management and treatment will be discussed.

2. MCEP/CEU
El Camino

TREATING AND MANAGING THE SEXUALLY VIOLENT PREDATOR

Kenneth A. Carabello, LCSW, Executive Director, Liberty Healthcare CA Conditional Release Program

This presentation will describe the conditional release of Sexually Violent Predator patients (WIC 6608) in the CA Conditional Release Program. The presentation will include updated information from recent placements and will focus on four areas:

- Overview of SVP law, including recent changes;
- The evolution of community placement issues;
- Treatment issues, including the formation of Community Safety Teams within the context of the Containment Model;
- Supervision and monitoring issues for SVP patients.

4. MCEP/CEU
STC/POST
Salon G

EYEWITNESSES, LAW ENFORCEMENT OFFICERS AND VICTIMS: MEMORY FOR EVENTS UNDER TRAUMATIC CONDITIONS

Matthew J. Sharps, PhD, Professor, Department of Psychology, California State University, Fresno

Recent research in psychology and neuroscience can be used by mental health professionals in understanding memory processes, especially those which arise under stressful conditions in forensically-relevant situations. Factors arising from both observer and situation may significantly influence memory in police officers, eyewitnesses, and the victims of crimes. This workshop will provide information to mental health professionals on these factors, and on the importance of these processes in direct application in clinical and courtroom settings.

5. MCEP/CEU
Salon D

EMPOWERING TEAMS TO CREATE A THRIVING MENTAL HEALTH COURT

Christine O'Hanlon, JD, Deputy Public Defender, Marin County STAR Court

This session is a "how to" start a Mental Health Court from scratch. The session utilizes an interactive approach focusing on building communication and teamwork among community agencies to cause a Mental Health Court. Additionally, Marin County's STAR Court will be used as an example as one way to structure a Mental Health Court. I will provide copies of Marin County's START Court Business Plan, Participant's Agreement, and Court Agreement.

12:00 - 1:30 pm Lunch

On your own.

1:45 - 3:15 pm (1.5 CEU hrs)

1. MCEP/CEU GET BEHIND ME SATAN: CLINICAL ILLUSTRATION OF CAPGRAS PHENOMENON AND DANGEROUSNESS
Salon E & F
Eric Woodard, MD, Director of Forensic Services, San Francisco General Hospital

The purpose of this lecture will be to describe a young, educated man with schizophrenia and new onset Capgras Phenomenon. Clinical implications and potential dangerousness will be emphasized.
2. MCEP/CEU TREATMENT DELIVERY WITHIN THE RECOVERY MODEL FRAMEWORK
El Camino
Carrie McCabe, LCSW, Psychiatric Social Worker, Patton State Hospital

The Recovery Model focuses on individual strengths. As group providers we can successfully deliver treatment to individuals by employing our own strengths. This presentation will demonstrate how to successfully meet treatment goals in the Recovery Model by aiding provider in the use of creative and innovative techniques.
3. MCEP/CEU HIV, HEPATITIS, AND AMPHETAMINES: AN UPDATE ON HIGH RISK BEHAVIOR AND TREATMENT CHALLENGES IN THE COMMUNITY AND FORENSIC SETTINGS
Del Mar
Mitch Marquez, LCSW, Program Director, New Leaf Services, San Francisco
 - Joyce Sutton, MD, Former Medical Director, Psychiatric Program at Vacaville

This presentation will address the complexities and challenges of HIV and hepatitis prevention in the midst of the current epidemic of methamphetamine use. The presentation will provide an update on demographics, treatments, and other aspects of methamphetamine use. It will look at the psychological and biological aspects of its use and the challenges of treatment.

3. MCEP/CEU A PARENTING PROGRAM FOR INCARCERATED PARENTS: REDUCING CHILD ABUSE AND NEGLECT
Del Mar
Gretchen Newby, MA, Executive Director, Friends Outside National Organization
The "Parenting Program for Incarcerated Parents," developed and implemented by Friends Outside, has graduated over 5,000 incarcerated parents to date. This interactive, strengths-based curriculum is grounded in current research on factors that predispose parents to abuse and neglect; effects of trauma on parents and children, substance use and parenting, resilience, and other protective factors. A preliminary study (Adult and Adolescent Parenting Inventory, pre and post tests) shows promising results.
4. MCEP/CEU CROSSING THE LINE: THE EROTIC PULL OF THE CONVICTED OFFENDER
STC/POST
Salon G
Christopher B. Roach, PsyD, Private Practice
The Menendez brothers, convicted in 1996 of murdering their parents, have both married while serving their life sentences in California prisons. Like many famous convicted murderers, they have had no shortage of marriage proposals. This situation occurs even with those who should know better, the health providers and correctional officers who each year cross the line to become involved with the offenders entrusted to their care. This session explores the origins, prevalence and prevention of boundary violations in forensic settings.
5. MCEP/CEU A CONVERSATION ON COLLABORATIVE JUSTICE WITH FOUR CALIFORNIA SUPERIOR COURT JUDGES
Salon E & F
The Honorable Verna Adams, Marin County
The Honorable Herbert Donaldson, SF County
The Honorable Steven V. Manley, Santa Clara Cty
The Honorable Tara Reilly, San Bernardino County
Moderator: **Jennifer K. Johnson, JD**, Deputy Public Defender, San Francisco Office of the PD
Often the impetus for creating a collaborative process to address mentally ill offenders in the criminal justice system comes from the bench. Judges see severely mentally ill defendants on a daily basis and are loathe to send them to prison, reluctant to keep them in jail, but without any viable alternatives. In this session, four California Judges will share their views on collaborative justice, working with mentally ill offenders, and the use of sanctions and incentives

10:00 am COFFEE BREAK**10:15 - 11:45 am (1.5 CEU hrs)**

1. MCEP/CEU POST Salon E & F THE PSYCHOLOGY OF PARRICIDE
Julia Mitrevski, MD, Forensic Psychiatry Fellow, UC SAN FRANCISCO

Parricide is a relatively rare occurrence. However, parricide accounts for approximately 20-30% of homicides among psychotic individuals. This talk will cover the epidemiology of parricide, including known risk factors, crime scenes, methods of killing, legal issues, and psychiatric diagnoses. Specific case examples and psychodynamic issues will also be discussed.
2. MCEP/CEU Del Mar MAKING THE DIFFERENCE: MOVING BEYOND RELAPSE PREVENTION DURING A TIME OF HOPE AND VISION
Deirdre D'Orazio, PhD, Psychologist, Coalinga State Hospital

Modifications to the Relapse Prevention model of treating violent offenders can make a difference in the lives of countless suffering individuals during this time of hope and vision. Presenter will illustrate, with empirical/theoretical rationale, five ways to enhance RP with abusive individuals. These factors underlie effective treatment regardless of setting or context.
3. MCEP/CEU Salon G IDENTIFYING THE ROOT CAUSES AND ANTECEDENTS TO ASSAULT IN CHRONICALLY AGGRESSIVE STATE HOSPITAL PATIENTS
Cameron Quanbeck, MD, Assistant Clinical Professor, UC Davis Medical Center, Division of Psychiatry and the Law
 - Jason Lam, BA, Research Associate, Napa State Hospital

Violence committed by psychiatric inpatients is a significant problem and more effective treatment strategies need to be developed. In order to gain a better understanding of inpatient aggression, we have identified chronically aggressive patients at Napa State Hospital and determined different factors that motivate their assaults. Findings from this study will be presented and approaches to manage, predict, and prevent inpatient assaults will be reviewed.

4. MCEP/CEU STC El Camino INDIVIDUALIZED INMATE MANAGEMENT: A MULTIDISCIPLINARY BEHAVIORAL APPROACH
Lyn J. Mangiameli, PhD, Psychologist, San Mateo Correctional Health Services
 - Richard Hayward, PhD, Program Manager, San Mateo Correctional Mental Health
 - Trisha Sanchez, Captain/Divisional Commander, San Mateo Maguire Correctional Facility
 - Ray Lunny, Lieutenant/Facility Commander, San Mateo Women's Correctional Center

Inmates not responding to usual facility policies and procedures often can be managed with a behaviorally focused, multidisciplinary plan which formally coordinates the resources of Custody, Mental Health and Medical staff. The concept of Individualized Inmate Management is introduced, illustrated with three model protocols for management of those with high risk of suicidal or assaultive behavior, those who are chronic disciplinary problems, and those with special needs due to mental or medical disabilities.
5. MCEP/CEU Salon D CONFIDENTIALITY AND ETHICS AT THE INTERSECTION OF THE CRIMINAL JUSTICE AND MENTAL HEALTH SYSTEMS
Jennifer K. Johnson, JD, Deputy Public Defender, San Francisco Office of the Public Defender
 - Alex Georgakopoulos, MFT, Deputy Director, San Francisco Jail Psychiatric Services

As players in the criminal justice system working at the intersection between criminal justice and community mental health, we are faced with a basic question: how do we get the best out of a collaborative process while protecting the constitutional rights of the criminal defendant and the civil rights of the mental health consumer? This session will explore issues of confidentiality and ethics from two different perspectives: first, the mental health professional seeking to find the best long term solution for the client; second the criminal defense lawyer seeking to protect the liberty interests of the defendant.